

It is important for you to know that grieving is a healthy, normal and necessary process.

Everyone copes differently and deals with their emotional pain in unique ways. Telling your story of grief and emotional pain actually helps you to heal. Each of us grieve in our own time. People do recover. Please let Hospice of Orleans help you to heal from your loss.

All services are offered as a service to the community at no cost to the participants. They are designed to meet the specific needs of the individual or family requesting the services.

Confidentiality is maintained in all of our services.

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## Bereavement Services

**Making a  
Difference  
One Life  
at a Time...**

## *Support Groups*



A general support group is held each Thursday evening from 6:30-8:30 pm at the Hospice Office in Albion.

As the need arises, we will coordinate special age or interest support groups.



*If any of these services are of interest to you or someone you know, please call the Hospice Office to discuss how we may be of assistance.*

## *Bereavement Services*

- Schedule supportive counseling visits with a Hospice Bereavement Counselor as needed or as requested.
- Periodic phone calls or emails to allow the grieving families a method of communicating with someone outside the immediate family to gain additional support.
- Mailings which include information about the grief process and tips on coping.

